Jose Gallegos Ruiz

HEP/CAMP Intern

Week #6

It is crazy how fast time goes by. I still remember my first week in D.C. and how scared I was about living on my own in a new city. Now, I feel more independent and confident every time I go out to explore the city. Week six was busy and productive. Monday and Tuesday, I worked on sending out the HEP/CAMP profiles to each one of the projects, so the directors could review them and make sure that all the information was correct and accurate. On Wednesday, I did a small presentation about the new HEP and CAMP awardees to my team members at OME. The goal of this presentation was to learn more about new HEP and CAMP awardees and some of the things that they will be doing to help students succeed in college. During my presentation, everyone was really engaging, asking questions and making positive comments about the different ideas that each project plans to do to support their students. Finally, on Thursday, I got a couple of interviews done. So far, I have learned that most of the OME staff have done Peace Corps and most of them have been teachers at some point in their lives. Everyone in the office loves their job and they work extremely hard to do their best and complete their work. It is an honor for me to be part of this kind, and harking working team. Thank you very much for all the help and support.



During this past Friday's programing, we went to the U.S. State Department to meet up with the Hispanic Employee Council of Foreign Affairs Agencies (HECFAA). We had such an incredible time chatting and learning new things with the HECFFAA members. They emphasized how important it is to learn from one's mistakes. They motivated us to work hard and always have high expectations for ourselves.



As I mentioned before, I had to take an online summer class in order to be ahead with my college credits. Finally, after six weeks of intense work, I finished my class and I received an A. As part of the celebration that I had completed my class, Carlos, Chris, Kimberly and I decided to go see Kendrick Lamar in concert. It was an amazing concert. Although one of my favorite artists (Travis Scott) couldn't perform for personal reasons, we had an amazing time together listening to Kendrick's best songs.









On Saturday, Chris and I decided to explore one of many museums in D.C. We went to the National Museum of American History. Personally, one of my favorite museums in the D.C. area.

In the afternoon, Dr. Lisa Ramirez invited Chris, Carlos and I to a Navajo Taco Dinner hosted by one of my coworkers, Edward. The Navajo Taco Dinner was delicious, it was my first time eating Native American food. We also had the opportunity to meet Ed's family and friends which gave us the opportunity to network with some of



the people at the Dinner/party. Overall, we had a great night with the OME staff.



Navajo Taco 🕹

On Sunday, Carlos and I had the opportunity to meet with Jasmine, an intern from last year's cohort. She was doing study abroad in Uganda and she made a stop in Virginia before she was to take her next flight back to Oregon. We took Jasmine to Los Hermanos, which is a delicious Dominican restaurant in Columbia Heights. During our lunch, Jasmine shared her experiences as an intern and how meaningful and life changing this internship had been for her. She also recommended a couple of good restaurants for us to check out in D.C. It was nice to talk to someone who is part of the HEP/CAMP Association and share our struggles with her. Jasmine, thanks for coming to visit us and for giving us great advice that will help us in our future careers. Week six is over.... can't believe I only have two more weeks until I am finished with my internship. I am looking forward to next week because I will be visiting the White House.



Food at Los Hermanos.