

A Hall of Fame Pro Football Player?

My week overall was great and successful. I feel so comfortable in the office and feel welcomed by all the staff. The staff members in the office of Ruben Hinojosa are all very smart and talented individuals. I know that I have learned much from them already, but also know that there is still so much to learn from them. The great thing is that they all have their own stories that have led them through this successful and unfinished journey.

My story is just beginning, and with this internship I am confident that it will open many doors for me in the future. I have met many great and successful individuals who have much advice to share. The great thing is that in Washington D.C everyone likes to talk about themselves, all I have to do is give them the time, location, and ask the simple questions about their stories. This is known as networking, which is the key to success in Washington D.C.



The highlight to my week was attending a briefing about prostate cancer. I learned many new things that I had no clue about. For example 1 in every 7 men will get detected with Prostate cancer and every man should go through a screening at the age of 40-45. Prostate cancer is something not all men feel comfortable talking about, but this inspiring man felt that by telling his story, he would influence other men to get a screening. Getting a screening is better sooner than later, that way if the test comes out positive for prostate cancer, it is handled much easier and effectively. This inspiring man speaking before the audience is a Pro-Football Hall of Fame Cornerback and his name is Mike Haynes. I am a big football fan, so getting to meet a Hall of Famer was a great accomplishment.



My weekend started off by going to the Newseum which is a great museum in Washington D.C. I am a history geek so I found this museum very interesting. The Newseum is full of history about WW2, the Vietnam War, 9/11, and much more. There are Newspapers about every historical event you can think of. I was very young when the tragedy of 9/11 happened, so getting to see a documentary of people who were there was a great insight to how it all happened. I have a very vivid image of the day 9/11, so getting to see the newspaper on the tragedy made me feel like I was actually there in person. What I also enjoyed about the Newseum was getting to see a piece of the



Berlin Wall. The wall getting knocked down marked the finish of the never ending Cold War and is a great piece of national history.



Have you ever seen the movie Remember the Titans with Denzel Washington? Well I personally think that the film is a great motivational movie. I actually got to explore the city of Alexandria in the state of Virginia which is where the movie takes place. This wonderful city is also the adopted home town of President George Washington, and a city where General Robert E. Lee grew up. This just goes to show how much history is in, but also around the outskirts of Washington D.C

