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Week four of my stay in DC was a week of reflection. Congress was in recess so work was slower which allowed me to get to know the staffers and my coworkers better. Throughout the week I was constantly asked: "Do you have any questions? "Every time I was asked this my mind went blank and I couldn't come up with any! Today, while sitting in the metro on my way to Arlington I reflected back to the past four weeks and realized that I haven't asked as many questions as I should. I've come to learn a lot but I feel like I'm still not asking enough questions. I started to reflect on what I really want out of this internship. What do I want to take back home with me? I want to be able to go home and not only share the crazy stories and great experiences but also be able to say that I helped in some small way make a difference in my community. This week I've challenged myself to really get out of my comfort zone, ask for more work, more questions, and we'll see the results next week!*Although I was exhausted at the end of the day, I challenged myself to visit/explore different places a day However, the weather did not cooperate and I did the best I could. I was able to explore The MLK Memorial, the

Moon Gate Garden, the Arlington Cemetery, and The Smithsonian National Zoological

Park.

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